C.L.G. Ráth Éanna 2023

ANNUAL GENERAL MEETING

Monday 27 November 2023 – at 7.30pm

AN CLAR

- 1. Chairperson's Address
- 2. Minutes of Last A.G.M.
- 3. Adoption of Standing Orders
- 4. Secretary's Report
- 5. Coaching Report
- 6. Treasurer's Report
- 7. Appointment of Tellers
- 8. Election of Committee
- 9. Nominations/Motions
- 10. Any Other Business

STANDING ORDERS

- 1. The Proposer of a Resolution or Amendment thereto may speak for 5 minutes but no longer.
- 2. A delegate speaking to a Resolution of Amendment shall not exceed 3 minutes.
- 3. The Proposer of a Resolution or Amendment may speak a second time for 5 minutes before a vote is taken, but no other Delegate may speak a second time to any Resolution or Amendment.
- 4. The Chairperson shall, at any time he considers a matter to have been sufficiently discussed, call on the Proposer to reply, after which a vote must be taken.
- 5. A Delegate may, with the consent of the Chairperson, move "that the question be now put", after which, when the Proposer has spoken, a vote must be taken.

Minutes of Annual General Meeting

Monday 28th November 2022

Attendance: as per attendance book

Paul Fox in the Chair.

The meeting started with Tony Lee asking for a minute's silence in memory of all our members, friends and families who have passed in the last year and to the very recent death of Robbie Gray who was the captain of our first adult team. After the minutes' silence was observed he then invited Paul Fox to give his address.

Chairperson's address

We still intend to pursue a 5-year Plan to include redevelopment of our pitches 9&10, beginning with groundwork and ultimately putting in lights. We are looking at how to access necessary monies through grants etc. We are also looking at preparing ground works for pitches 12 and 12A and combining them into an adult pitch.

The GYM plan is going ahead, and we are currently looking for quotes. We've put a team management structure in place and are looking to put management teams in place across all our games. I would like to congratulate all our teams and applaud our AFL 2 winning promotion to AFL1. I compliment the great support we have at our games. I wish our un.19 F and un. 21 H all the best in their upcoming finals. I applaud our Ogra, in particular Tom Reynolds. I also applaud our All Stars and wish Maria all the best in her new venture.

The clubhouse is getting busy again and I compliment Andrew and Eoin on their work and hopefully our GYM will be up and running this year.

With that I hand you over to our secretary Tony to proceed with the order of business

Minutes of A.G.M. held on Tuesday 29th November 2021

Matters arising: As there were no matters arising Tony Lee asked for a proposer and seconder. After being proposed by Rob O'Neill and seconded by Andrew Murphy they were agreed.

Adoption of Standing Orders

Adoption of Standing Orders which were proposed by Mick Harford and seconded by Niall McGuirk were agreed.

Secretary's Report

(Including Committee's and Games Reports)

In introducing this Tony Lee read out his part and asked for feedback by taking each report looking for comments. As no feedback was forthcoming the secretary's report was then proposed by Tom Reynolds seconded by Pat Ivory and agreed

Coaching Report

(Including GPO and Ógra report)

Tony Lee asked for feedback on this and again as none was forthcoming the coaching report was then proposed by Sean Whelan, seconded by Colm Dwyer and agreed

Treasurer's Report

Due to unforeseen circumstance the report wasn't ready and was deferred to a future date

Appointment of Tellers

As it was determined that no elections would be taking place there was no need for the appointment of tellers.

Elections

Nominations are as follows:

Vice- Chairperson: Paul Dempsey Proposed by Kevin Broderick

Seconded by Conor Lee

Registrar: Deirdre Coyne Farrelly Proposed by Helen Connor

Seconded by Kate Gallagher

Coaching Officer: Kevin Broderick Proposed by Conor Lee

Seconded by Enda Mulcahy

Ladies Football Chairperson: John Corbett Proposed by Tom Reynolds

Seconded by Paddy Peake

Committee Member: Brian Curtis: Proposed by Kevin Broderick

Seconded by Conor Lee

Committee Member: John O'Grady: Proposed by Kevin Broderick

Seconded by Enda Mulcahy

Committee Member: Enda Mulcahy: Proposed by Conor Lee

Seconded by Brian Curtis

Committee Member: Éanna Ó Brádaigh: Proposed by Brian Curtis

Seconded by Enda Mulcahy

As there were no other nominations all were deemed elected.

The executive committee for 2023 is as follows:

Chairperson: Paul Fox

Secretary: Tony Lee

Treasurer: Ian Fitzsimons

Vice-Chairperson: Paul Dempsey

Juvenile Secretary: Ian Marnane

PRO: Vacant

Children's Officer: Jennifer McQuaid

Coaching Officer: Kevin Broderick

Players Rep: Fergal Smyth

Registrar: Deirdre Coyne Farrelly

Camogie Chair: Eamonn Doherty

Ladies F Chair: John Corbett

Oifigeach na Gaeilge: Pádraig Ó Foghlú

Committee: Deirdre McAweeney

Committee: Rob O'Neill

Committee: Brian Curtis

Committee: John O'Grady

Committee: Enda Mulcahy

Committee: Éanna Ó Brádaigh

Non-Executive positions:

Camogie Secretary: Edel Hayden

Camogie Registrar: Vacant

Ladies F Secretary: John Nolan

Ladies F Registrar: Vacant

Adult H&F Coordinator: Ronan Leech

Health & Wellbeing Officer: Eamonn Doherty

Disciplinary Officer: Kevin Woods

Designated Liaison Person: Cora McHugh

Health & Safety Officer: Keith Loscher

MOTIONS

That Raheny GAA Club adopt the most up to date GAA Constitution

Proposed by Tony Lee

Seconded by Paul Fox

Tony Lee informed the meeting that by rule we are required to adopt the most recent GAA Constitution.

As this was unanimously agreed the motion was carried

RECOMMENDATIONS

There were no recommendations

Any Other Business

Several contributions were put forward including the following:

Kevin Broderick stated that as coaching officer he'd put forward an overall coaching plan. Paul Fox replied that he's delighted that you have joined as coaching officer and he'd no problem with exploring any initiative put forward. Kevin then asked about the pitch's proposals, Paul replied that he is in discussion with DCC, we need at least another adult size pitch and are looking at combining 12 and 12A and discussions are ongoing.

Paul Dempsey asked progress on putting our new GYM in place, Paul Fox replied that our original plan re the application for the Sports Capital Grant (SCG) had to be changed to include the GYM, the tenders have gone out and after we complete it, we will need to fund the necessary equipment to kit it out. Brian Savage asked if there is any risk the SCG will be lost by changing the plans. Paul Fox replied that no they were happy with our reasons. Brian then asked how we are going to fund the pitches etc. Paul Fox replied that we would be applying for another SCG in conjunction with DCC, where pitches 12 & 12A are concerned, we are looking to fund out of our own resources through corporate events etc.

Andrew Murphy informed the meeting that he stepped up as a mentor last year and he got a lot out of what he put into it and stated that we need to develop a pool of interested members to keep the club going and that past members may get the same satisfaction as himself. Neil Curley thought this was a good idea and worth exploring further. Darragh Keogh asked if there was a plan to identify necessary mentors. Paul Fox replied that there is no plan but that we are actively seeking members to fill these roles and that he has personally done so through telephone calls and otherwise and would welcome suggestions on how we should approach this. Tom Reynolds suggested that the Ógra sideline could be a good place to approach people about becoming mentors, that he hadn't the time but that if the coaching officer and others were available, they could make this approach and that they could also give their expertise to the young Ógra coaches. Kevin Broderick thought this was a good idea and said he would follow up on it. Andrew also asked about the social side of the club and are there plans after Covid. Paul Fox replied that bingo is being discussed and we may try it in the New Year and look at putting a social club committee in place.

Anthony Kelly asked about the back of the school and if it's worth going in with Raheny Utd. Paul Fox replied that we are still looking to avail of it and if our proposal on the pitches falls through that we may pursue it further.

Enda Mulcahy asked about the 5-year plan. Paul Fox replied that the plan we are working on at the moment over the 5 years is the pitches. Niall McGuirk stated that we need a more formal approach and reporting structure with regard to the 5-year plan.

The meeting then concluded with both Tony Lee and Fox thanking all for their attendance

Special General Meeting 26th June 2023

To present

The Raheny GAA Club Report and Accounts for the period ended 30th September 2022

Attendance: as per attendance book.

Excused: Paul Dempsey, Neil Curley, Ronan Leech, Conor Lee, Brian Curtis, Brian Savage and Ian Fitzsimons.

As Ian Fitzsimons wasn't able to present the above, Enda Mulcahy presented the report by going through each page and explaining differences etc. In doing so he included explanations that some differences were due to Covid rebates and subsidies and timings re purchases of gear where camps were concerned. He highlighted the drop in Lotto sales and that this is an area that we need to address. He highlighted good management re our gross Profit Percentage in that it came in at 56.34%.

He finished by stating that we are in a healthy position, but we need to continuously fundraise. We are currently awaiting the drawdown of a 123,000-euro Sports Capital Grant and that this year's accounts up to the end of May should be available by the club's next executive meeting on the 10th of July 2023. Also, our year end accounts for 2023 will come in on time this year.

He also highlighted the fact that going forward we will need to get more people on board to reduce the number of hours it takes to process our accounts. It takes up to 30 to 40 hours (about 1 and a half days) per week.

Tony Lee asked about enabling our systems to talk to each other so that all transactions can be configured automatically. Enda stated that he thinks that this is possible but that it would take time and money. Tony asked John Corbett if he could be of assistance. John stated that it was not his area but that students with the right skill set could be of assistance.

Enda then proposed that we adopt the accounts and Kevin Broderick seconded it.

The meeting agreed

Paul Fox then thanked Enda for the great work he put in in getting these accounts ready and thanked Brian Savage, Greg Brough and Ann Hamill for their assistance.

The meeting then concluded

OUTGOING EXECUTIVE

Paul Fox	(Chairperson)	OUTGOING
Paul Dempsey	(Vice-Chairperson)	OUTGOING
Tony Lee	(Secretary)	OUTGOING
Enda Mulcahy	(Treasurer)	OUTGOING
Pádraig Ó Foghlú	(Oifigeach na Gaeilge)	OUTGOING
Ian Marnane	(Juvenile H&F Sec)	OUTGOING
Jennifer McQuaid	(Children's Officers)	OUTGOING
Kevin Broderick	(Coaching Officer)	OUTGOING
Cian Burgess	(P.R.O.)	OUTGOING
Fergal Smyth	(Players Rep)	OUTGOING
Deirdre Farrelly	(Registrar)	OUTGOING
Eamonn Doherty	(Camogie Chairperson)	OUTGOING (not going forward)
John Corbett	(Ladies Football Chair)	OUTGOING
Deirdre McAweeney	(Committee Member)	OUTGOING
Rob O'Neill	(Committee Member)	OUTGOING
Éanna Ó Brádaigh	(Committee Member)	OUTGOING
John O'Grady	(Committee Member)	OUTGOING (not going forward)
Brian Curtis	(Committee Member)	OUTGOING

OUTGOING NON-EXECUTIVE

Camogie Secretary: Edel Hayden OUTGOING

Camogie Registrar: Vacant

Ladies F Secretary: John Nolan OUTGOING

Ladies F Registrar: Vacant

Adult H&F Co-Coordinator Ronan Leech OUTGOING

Health & Wellbeing Brian Doolin OUTGOING

Health & Safety Officer Keith Loscher OUTGOING

Disciplinary Officer Kevin Woods OUTGOING

Designated Liaison Person Cora McHugh OUTGOING

EXECUTIVE NOMINATIONS

NON-EXECUTIVE NOMINATIONS

Elections

Appointment of Tellers

MOTIONS

1.

2.

That Raheny GAA Club adopt the 2023 GAA Constitution

Proposed by Tony Lee

Seconded by Paul Fox

RECOMMENDATIONS

Any other business

TUARASCAIL AN RÚNAÍ 2023

As always, I would like to thank my fellow executive officers, the members of all our committees, team mentors, delegates and others including bar staff who have done a great job again this year and again increasing the rental use of our facility. Where delegates are concerned I must congratulate Finbarr Mulcahy for representing the club to the GAA Senior (Adult) Football Board for nigh on the past 20 years.

Also, I thank others who have contributed greatly to fundraising, especially the teams responsible for our corporate event and Dinner Dance which were a great success. I also as always thank those who organized other social events, writing newsletters, running our shop, maintaining our website, all those involved in our lotto, maintaining our pitches, etc., for their on-going hard work and commitment over the past year. It is, as ever, your unselfish and voluntary contribution that ensures the ongoing continued success of the Club. I would also like to thank our many sponsors who contributed so generously through making cash donations and sponsoring sets of gear. I thank our Promotion Officer (GPO) Ciaran Dunne. I thank all the schools who have worked with us and provided facilities and thank the members who have put a lot of time and extra effort into acquiring, identifying and trying to source much needed facilities. In this regard I would like to thank all involved who have been making progress in our dealings with the City Council towards resolving issues with our pitches. I also, once again, thank Barry O'Donnell for the great work he is doing coordinating our pitches week-in, week-out throughout the year.

Since our last AGM Ian Fitzsimons has stepped down as Treasurer and I thank him for his contribution. Enda Mulcahy took over the role and has put in a huge amount of work to get our accounts up to date and great credit and thanks are due to him. This position now requires up to 40 hours a week to stay on top of it. Whereas our admin volunteers Greg Brough and Ann Hamill (I thank Ann for coming on board this year) have been of great assistance we really need someone to volunteer as an assistant treasurer.

As regards non-executive positions, I thank Brian Doolin for volunteering to take on the role of Health and Wellbeing Officer. He and his committee have been doing great work since they formed recently. (report included)

I thank Paul Dempsey who stepped down this year as a director of the Raheny Sports Alliance (RSA) which he was most instrumental in setting up several years ago. He is replaced by Conor Lee. Where our new Gym is concerned great credit and thanks is due to both for work, they put in establishing it and getting it up and running. Great credit is also due to all involved with our proposals to improve our pitches. We have made progress on pitch 12/12A, which will evolve soon. I thank all the committees for the ongoing great work they are undertaking in both our Gym and Pitch promotions.

Our Raheny GAA All-Stars are still continuously going from strength to strength. There are now several different age brackets within the club (reports included).

Where games are concerned, I congratulate all our players and those who have been selected on our county teams during the year. Congratulations also to all our teams of have reached the concluding stages of competitions and those who have won theirs

Lastly, I would like to thank all those who compiled the following reports, which are taken under the secretary's report on the agenda. These give a good overview of club activity over the past year.

I wish you all the very best for 2024.

Is mise le meas Antóin Ó Laoí

Raheny GAA Club – Adult Games Report 2023

Season Review

Hurling

This season we saw a new management team across all three adult hurling teams. A meeting was held at the beginning of the year to which all potential adult hurlers were invited. It was agreed that the senior hurling management would work across all three adult teams and in close conjunction with minor hurlers to assist them with their transition into adult hurling. Some goals were laid out at that meeting to give a focus to players and to get them to buy into what management were trying to achieve. All three adult teams trained together and minors were invited up at certain times.

The senior hurling management team met with their football counterparts to agree a plan for the year. Both sets of management worked successfully together to facilitate dual players and to ensure players were ready for match days and also kept in regular contact to ensure training night clashes were avoided.

AHL₂

Having narrowly missed out on promotion to the Senior 2 Championship last season and despite missing several experienced players due to injury for large parts of the season, we managed to finish second in our SHC 3 group and qualified for the quarter final where we defeated Cuala on the grass pitch in DCU. A tough semi final followed away to Erin's Isle where we managed to come out on top and qualified to face Naomh Mearnog in the final. It wasn't to be our day in O'Toole Park as Mearnog were slightly stronger but promotion to Senior 2 for 2024 was secured.

In a magnificent league campaign we won every game, won the league and secured promotion to Division 1 for the 2024 season.

With the injuries to the senior players noted above, we had seven players enjoying their first full campaign in senior hurling.

AHL 6

Having been relegated to Junior C Championship in 2022 we targeted an immediate return to Junior B. The Championship group was incredibly tight with everything up in the air until the final round of games. A comprehensive win in our last game saw us top the group on points difference. We defeated Erin's Isle in the Quarter Final and Kilmacud Crokes in the Semi Final.

In the final played on the DCU Astro we lost out by a single point to Thomas Davis in a very exciting game. No silverware coming back to the club but promotion achieved.

In an extremely competitive league Division 6, we were in contention for a league title and for promotion right up to the final round of games. We were beaten by a very strong Ballyboden team in the last game and narrowly missed out on both. Once again, we fielded a very young team which included several players who did their leaving cert in June.

AHL 9

The third team continue to provide an outlet for those experienced players who still want to hurl and also provides an entry route into adult hurling for some younger players who may not be quite ready for a higher grade.

Once again we fell at the Quarter Final stage of the Junior F Championship with a defeat to Good Counsel / Liffey Gaels having finished third in our group on points difference.

We some games still to be played in the league, we are comfortably in mid table having won six and lost seven games.

Minor Hurling

Having topped the table in league Division 3 by winning all our games we were placed in the A Championship. Wins against St Oliver Plunketts and Naomh Barrog saw us finish second in the group and qualify for the Quarter final where we came up against an excellent Kilmacud Crokes team who proved too strong on the day.

Under 21 Hurling

In the Quarter final of the A Championship, we have beaten Commercials and await details of the Semi Final. In the 2022 A Championship which concluded after this report was written we were narrowly beaten in the final by Ballyboden St Endas.

On behalf of the hurling management I would like to thank Ronan Farrell and Sound Insurance for their sponsorship which was used to benefit all three adult teams. Without this generous sponsorship it would be impossible to compete successfully at any level.

Football

AFL 1

Having secured promotion into league Division 1 and maintained our A Championship status by winning the relegation play off, the 2023 season was always going to prove to be a huge challenge. The arrival of some new players from outside Dublin brought some much needed depth to the panel as we would be without several players for large parts of the season due to injury and call up to County panels.

In this year's Senior 1 Championship we were drawn in a group with Cuala, Thomas Davis and Lucan Sarsfields. We got off to a good start when an excellent second half performance saw us overturn a significant half time deficit to beat Cuala. A narrow defeat to Thomas Davis and a comprehensive win over Lucan gave us top spot on the group on points difference. In the quarter final we beat St Vincent's by 3 points in a tight game.

In a never to be forgotten Semi Final we ran All Ireland Champions, Kilmacud Crokes so close, eventually going out on penalties, after an excellent team performance.

In the league we are still looking at a relegation play off after a season in which we drew one game and lost three more by a single point. It is likely that we will face Skerries Harps in the relegation play off at a date and venue to be confirmed.

AFL 5

In the Junior 1 All County Championship we topped a three team group having beaten St Oliver Plunketts and Fingallians. In the Quarter Final we were beaten at home by a strong Na Fianna team.

In the league, despite a slow start we managed to string a good run together in the second half of the season to finish just above mid table and hopefully looking forward to a promotion tilt next season.

AFL 8

In the Junior 3 All County Championship AFL 8 we finished third in the group by beating Naomh Fionbarra and losing to St Sylvesters and Naomh Olaf which meant we did not progress.

In the league, after another difficult season we managed to avoid the automatic relegation places by winning five games and once again beat the drop by winning the relegation play off away to Ballyboughal.

AFL 10 North

Another successful season for the fourth football team who despite missing out on the chance to make it two championship titles in a row, won the league by winning every game, the third adult team in the club to complete this outstanding achievement in 2023.

In the championship we lost the first group game at home to St Patrick's Palmerstown before beating Na Gaeil Oga and Garristown to qualify for the Quarter Final where we were narrowly beaten away to Clan na Gael Fontenoy.

Minor A Football

Despite having coasted through U17 Division 2 last season, winning every game, it was going to be a huge challenge to compete in Minor Division 1 against all of the big clubs. While we were competitive in many of the games, we finished bottom of the league.

In the A Championship we finished joint second on 2 points in the group but lost out on qualification for the Quarter Final on points difference, having beaten Clontarf and lost to Castleknock and St Sylvesters.

Minor B Football

In Minor League Division 6 we finished fourth in the league, winning 6 and losing 5 of our games.

In the Minor D Championship we finished fourth in a five team group and did not qualify for the Quarter Final

Under 21 Football

Despite asking to be entered in the U21 C Football Championship, we somehow ended up in the A where we were beaten by last year's champions, Ballinteer, St John's

Conclusion.

In last year's report we noted the difficulties facing the smaller clubs trying to field teams at U17 and U19 age groups. Thankfully the DCB realised that it wasn't working so we have now reverted back to Minor at U18.

We also highlighted the challenges facing us with the lack of a cohesive strength and conditioning strategy for our adult teams across all codes and urged the incoming executive to prioritise the construction of a gym in the club to assist with this issue. Delighted to report that the Gym has been built, is open for use and that the induction programmes are continuing for members. Huge thanks must go to the committee who oversaw the construction, the fit out and succeeded in having everything in place ahead of pre season for our 2024 campaigns.

We still face significant challenges as we continue to grow as a club. With the ever changing weather conditions our home pitches were been declared unplayable on a regular basis throughout the 2023 season. As an, example Senior Hurling had to move two league games (out of five) and two championship games (out of four) away from St Anne's and were extremely fortunate to have access to DCU for these games.

By now you will be aware of the plans to improve and develop our pitches in the park which, while although it is a medium to long term project will hopefully reduce the number of times our pitches are called off in future years and provide further access to floodlit winter training facilities.

Finally, as usual I would like to thank all of the players and mentors for their commitment and dedication throughout the season. As previously mentioned, the standard across both codes and at all levels seems to improve year on year. It is a great testament to everyone connected with all of our teams that we continue to meet the increasing demands associated with competing in league and championship.

On behalf of all of the teams and management I would like to thank the pitch crew for their continued dedication, Barry O'Donnell for the monumental job he does as pitch co-ordinator and everyone who came out to support our teams and provided a great atmosphere at many of the games.

Ronan Leech

Adult Games Co-Ordinator

Juvenile Secretary AGM Update 2023

Thanks to all of the mentors from the U8 to U16 teams for providing an update on their activities during the year, these updates are included below. As you can also see, the reports get longer as the boys get older! But highlights include the U15 team winning the Feile Division 1 final for the first time in the clubs history and the U16 team who won the Division 1 hurling league.

Thanks also to all the mentors for their efforts throughout the year, there is a lot of work involved in keeping these teams pointed in the right direction, and we have had lots of success across the age groups, and also good to see that the strong numbers of players on each of the panels, despite the competing pressures of other sports and busy school lives.

So, well done all on a good season, and thanks for your cooperation throughout the year. Looking forward to 2024!

Ian Marnane

Juvenile Secretary

U8 (2015) Update:

Our 2015 boys enjoyed a year of fine progress at the beginning of their journey through the juvenile ranks. For this group, the measure of our success was maintaining as many of the original group of 60 that left Ógra. With now 72 boys involved, the numbers indicate that the year was indeed a success. With hurling and football being played during all sessions, both skill and enjoyment levels in both codes continue to be nurtured. The boys are also learning benefits of team sport by engaging in our hurling and football Go Games throughout the year. We entered two separate three team groups which we hope to maintain at under 9. I would like to thank the numerous mentors who have given up their time to help guide the boys throughout the year. We also thank our sponsors and wider parent group for their continuous support.

U9 (2014) Update:

The u9 (2014) boys had a great year in 2023. We moved to 9 a side matches but that didn't stop us from fielding 6 teams in both football and hurling. We saw some excellent displays in both codes during the year as the skills learnt in training were put to use in matches.

With Go Games finishing up we have some friendlies lined up to finish the year out and similar to last year we are playing a blitz against Naas and Celbridge to round things off with Raheny hosting this time round.

A small number of the team also travelled up to Armagh to play in a football blitz in Killeavy in October and a great day was had.

We are looking forward to moving to all county Go Games next year to test ourselves against some new opponents.

U10 (2013) Update:

The 2013 boys returned to training in mid January to prepare for Go Games in February, and their skills have continued to develop throughout the year. Our overall numbers have remained strong throughout the year with a current panel of 50 kids. Whilst we lost a few boys over the year, 4 new kids have joined the panel. We continue to train twice a week with games on Saturday morning, alternating between football and hurling each week. As part of the training warm up we have introduced a 5 minute HIIT workout with an agility drill mixed in where possible. We have noticed a slight drop off in the numbers attending hurling. We fielded 4 teams each week, in a 3 team and a 1 team group in both codes. However due to falling numbers in hurling over the 1st half of the year, we had to reduce the hurling back to a 3-team group only after the summer break.

In July the kids travelled up to Navan Adventure Centre for a fun filled day, and we hope to plan another activity day closer to home before the end of the year.

The kids have put in some great performances over the year against Naomh Olaf, Round Towers Lusk, Kilmacud Crokes, Thomas Davis and Castleknock. Thanks to the great group of Mentors that helped during the year namely Phil McCabe, Allison Duffy, Ian Flood, Michael O'Meara, Aine Clancy, Eoin Conroy, Chris Bellew, Patrick Carrabin, Sean Broderick, Joe O'Halloran, Conor Murphy, Phil Corcoran and Ciaran McArdle. Also a special mention to the Senior Players of Liam Dunne, Liam Synnott and Rob McGuirk who's valuable expertise was greatly appreciated during the numerous training sessions they attended during the year with the kids.

U11 (2012) Update:

A brilliant year for the lads who really improved their skills in both codes. We fielded 3 Hurling teams and 4 Football teams. The highlights of the year were two massive battles v Ballyboden in football and a ding dong battle v Naas in Hurling. We also welcomed Clarecastle up to play a hurling game during the summer.

A special thanks to all the mentors who helped out throughout the year. Roll on 2024 when the lads start there grading games.

U12 (2011) Update:

We have a squad of 43 boys, 43 play football with 28 playing hurling, coached by a team of 8 mentors. We've maintained our squad numbers and continue to keep as many as possible playing hurling.

We competed in Div 2, Div 9 and Div 17 in the football league, where we won Div 9 and Div 17, our Div 9 team were unbeaten. The Div 2 team were competitive in all their games and will continue to compete at what is the "A" level.

In hurling we competed in Div 3 and Div 9 again both teams performed well in their given leagues, as we look forward to 2024.

We now have the task of setting up for 2024 which is straightforward in football as we have the numbers for two squads but will need to be creative on the hurling side due to tighter numbers.

U13 (2010) Update:

The 2010 boys have a panel of 40 players with 25 playing hurling. This resulted in one hurling team which played in Division 2. The team finished mid table and can be satisfied with their progress. We received great support at training from Davy Keoghan and Eamonn Fitzgerald, participants in Greg Bennet's Strong Roots programme. Eamonn Doherty was also very generous with his time and assisted us during the year.

We had two teams in football - Division 2 and Division 8. The Division 2 team faced a number of opponents enjoying a significant physical advantage over us. The lads battled every week and had some good wins along the way. The Division 8 team is currently second in the league with one match remaining. This team has enjoyed a strong series of results and benefitted greatly from the assistance of some of the 2011 players. There were occasions when numbers were quite low and the younger players ensured that standards never slipped.

There has been some change with a few players leaving while others have arrived. The players that left are generally shifting their focus onto other sports. The players that arrived have been friends of some of our current team. Some are new to GAA and tend to only play football. We're continually seeking to grow the pool of players.

U14 (2009) Update:

The U14 (2009) boys currently have a total of 42 players. Of those 42, 39 play football but only 30 play hurling. We have 3 lads who play hurling only, and 12 who play football only. And although we have always had more footballers than hurlers, we found that this year, like last year, a number of players decided to step away from hurling. This was particularly evident after the summer break and appears to be mainly due to clashes with other sports. As always the door is open for their return and we continue to promote both codes equally and encourage all players to play both codes.

In both hurling and football we fielded two teams this year, and intend to do the same again next year. Although we were relatively comfortable in football, fielding two teams in hurling has been difficult, and would not have been possible without the support of the Under 13's and in particular Pat Ryan who has consistently helped us when we required players.

For the first part of the season this year we competed in Grading Divisions 2 & 6 in hurling and 2 & 7 in football.

Our A hurling team were unbeaten in the grading games and were placed in Division 2 for phase 2 of the season. Once again we competed very strongly in our group games only losing one game, to Faughs by the bare minimum. In the knockout games we won our quarter final but unfortunately we were well beaten in the semifinal by a very strong Trinity Gaels. Although this was a disappointing finish to the season it should not take away from what was a good season, which is promising for next year.

Our B hurling team struggled a bit throughout the season. Finishing mid table in our grading group we were placed in Division 6 for phase 2 of the season. Although we competed well in phase 2, we were unable to progress past the quarterfinal of the knockout stages.

In football our A team had a great start to the season. In our grading group we finished in top place winning our 5 games, most of which we won by comfortable margins. This placed us in Division 1 for the second stage of the season and this was much more of a challenge. Faced with clashes with other sports unfortunately we were missing players for most games and we were unable to win any games in Division 1, although we did compete well in some games. We were beaten in the quarter final of the knockout stages. Although it was a good experience to play in Division 1 it was a step too far at this stage of our progress.

Our B team have had a great season to date. In our grading group we finished mid table and were placed in Division 7 for the second half of the season. Winning 4 games and receiving a walkover we topped our group and progressed directly to the semifinal of the cup competition. Following a fantastic performance in the semifinal, beating Na Fianna by 2 points, we are currently looking forward to a final against O'Dwyers.

Overall we feel it has been a reasonable season with some great performances during the year. Our biggest challenge this year has been clashes with other sports which has meant we have lost some players. This is likely to happen again next year and will mean we may struggle to field two teams consistently throughout the season ahead.

U15 (2008) Update:

The U15 boys had 2 squads at each code this year. The year was broken up into 2 seasons, 1st half of year was Feile & 2nd half was league.

U15 HURLING

A SQUAD - FEILE

Feile Div.1 – We won the Div.1 hurling Feile for the first time in the clubs history. A fantastic achievement and a wonderful occasion to have the lads play in Parnell Park & return home with the trophy. A fantastic support from the club really help get the lads over the line on the day.

We emerged from a group with Kilmacud, St Slyvesters & Plunkets, Then beat Castleknock away in the Semi Final & then in the final beat St Vincent's. A big thanks to everyone who turned up in Parnell Park to support the team on the day.

A SQUAD - LEAGUE

We have played all our games & currently sit top of Div.1 and are waiting on one outstanding league game to be played to determine if we finish 1st or 2nd.

B SQUAD - FEILE

Feile Div.4 – Playing in Div.4 and some tough fixtures against some clubs with one team which makes it very difficult, however we had some good performances in what was always going to be a difficult group, playing Naomh Olaf, Parnells, Whitehall, Naomh Fionnbarra & Lucan B.

Unfortunately, with only 6 teams in Div.4 & no other group there was no semi final / Finals or shield which we feel was very unfair.

B SQUAD - LEAGUE

Playing in Div.5 in a more competitive environment the team won 2 & lost 3 narrowly resulting in a semi final defeat to a strong one team Westmanstown Gaels.

U15 FOOTBALL

A SQUAD - FEILE

Div.2 – We were beaten in the Feile final by Na Fianna having beaten Ballymun in the semi final on pitch 12. Getting to the final ensured promotion to Div.1 for the league later in the year.

We beat Barrog & Brigids in the group stage but were beaten by Na Fianna in group also.

A SQUAD - LEAGUE

Playing in Div.1 for the first time gave the lads great exposure to the top division & were competitive in all games gaining 2 wins. A huge learning curve for the lads.

B SQUAD - FEILE

Div.6 – We had a tough group playing Thomas Ashe, Trinity Gaels & Lucan B & so qualified for the shield semi final.

Playing Beann Eadair One team was a tall order & unfortunately they were too strong on the day.

B SQUAD – LEAGUE

Div.7 - A good league campaign with wins v Peregrines & Tyrellstown & a draw v Naomh Fionnbarra resulted in a semi final v Group leaders Thomas Ashe. Defeat on the day to a fine side but a good solid performance on the day.

We would like to thank Barry O Donnell or all his help during the year with pitch allocations.

U16 (2007) Update:

The U16 boys team (2007) competed this year with a panel of approximately 40 footballers and 35 hurlers. 2023 saw the team move back to Saturday matches which meant less complexity of clashing with soccer & rugby fixtures for many of the panel. With the help of 2008 boys for certain matches, we were to field 2 teams in football & hurling for the 2023 season.

The A football team played in Div.2 League for the first half of the year. Apart from one game early in the season the team was competitive in every fixture and finished mid table. This meant

that the team were placed in the B football championship after the summer break. Since our return after the summer break the team has won their 3 group games in the championship and have been seeded a home semi-final in the draw. The wet weather has affected a few different weekends of fixtures so the semi-final looks like it will be played in November.

The B football team played in Div.9 League for the first half of the year. A really strong campaign saw the team finished 2nd in the league wining 7 out of 8 games along the way. The team was graded into the E Championship after the summer break and similar to the A team have won all 3 of their group games. Unfortunately, they lost out in a well contested semi final to Erin Go Bragh. Overall the team had great success throughout the year, losing only 2 games in the season and both against opposition A teams.

After winning Division 2 in 2022 the A hurling team graduated to play Div.1 Hurling for the first time in 2023. A fantastic start to the season saw the team beat Ballyboden the first match and the team grew in confidence as the matches rolled on. A big home win in the last match vs. Na Fianna put Raheny top of the league and crowned Division 1 Champions for 2023. It's

been a great journey for these boys, who started out playing in Div.4 at u12 only 5 years ago. After the summer break the team have competed in the A hurling Championship. Unfortunately, the team lost some close games in the group stages and didn't qualify for the cup knock out stages. However, a Quarter-Final win in the Shield vs. Rush/Lusk means the boys are now lined up to play Na Fianna in the shield semi-final. A great season for these boys who continue to develop and learn, as they play at the highest level.

The B hurling team played in Div.6 League for the first half of the year having being promoted from last season. The team were competitive in all their games and got great support from the 2008 boys to ensure they fulfilled all their fixtures. Unfortunately, the team lost a number of tight games but did finish the league strongly winning their last 2 matches. The team were placed in the E hurling Championship after the summer break. The bad weather and some teams pulling out of the Championship has meant limited games for the team but at this point they are still in with a chance of making the final if they win their last game vs St.Oliver Plunketts.

While 2023 had plenty of challenges the panel has competed well across football and hurling. Our focus for 2024 will be to bring as many as those boys as possible forward to Minor as we merge with 2006 boys.

Ladies Football Section 2023 Year End Report

Executive Summary

In my first year as Chairperson of the Ladies Football section, I would like to thank all players & mentors on their achievements this year. From Under 8 to Adult teams we have over 400 players playing ladies football within our club. For the first time ever the ladies' section had more girls than boys leaving Ogra in June 2023. This is a testament to growth of ladies' sport in Ireland over the past number of years.

We must address the drop off rate that takes place from Under 16 to adult and ensure we have effective plans in place to ensure players are transitioning correctly and not being overplayed across codes and teams. We are a club committed to promoting both codes and should be explore ways to facilitate this.

I would like to thank the following club members for their huge contribution & work not only over the last year but for the last number:

- Tom Reynolds for his dedication and hard work running Ogra.
- Regina Harnett as ladies football referee coordinator (for our go-games)
- Barry O'Donnell & the Pitch Crew for allocating and ensuring the pitches are lined for game days.
- John Nolan's assistance as Club Secretary for Ladies Football.
- Kevin Broderick as Club Coaching officer.

Full reports from all Ladies Football Teams (U8 - Adult) are below.

John Corbett

Raheny LGFA Chairperson

14th November 2023

2015 Ladies

The 2015 girls have had a fantastic first year of Go Games. We currently have 51 girls on the panel (and growing) and 14 mentors.

The Team currently trains on Wednesday evenings, play matches on Sundays (football and camogie on alternate weekends) and also have the option to attend the extra camogie group session on Fridays. We are in a 4 team league and consistently have great attendance for both training and matches (both home and away). A special thanks to parents for their support with this.

It's been brilliant to watch the girls develop and improve their skills each week all while growing a love for both football and camogie. We have been really impressed with them playing against other teams - with a number of opposing teams commenting on how well they represent the club on and off the pitch.

Most importantly the girls are having fun, making friends, gelling as a team all while learning the different skills required to play the sport. As a mentor group, this is our biggest achievement to date - successfully managing and integrating 50+ girls, across 4-5 schools, into a team!

We've had multiple team events including a summer disco with ice-cream van and medal ceremony, hot chocolates in the club, a halloween party with pizza, movie, and fancy dress etc. And we will have a Christmas party in December before we break for the summer.

Thankfully no injuries to report.

We haven't had to do any fundraising ventures yet. We are extremely grateful to Terence Tinnelly from Innocap for the very generous sponsorship of rain jackets, socks, and shorts for all the girls!

Next year we are really looking forward to continuing the girls' development and compete in our second year of Go Games. We will look to introduce a second mid-week training slot and I'd

hope all mentors can avail of the additional coaching qualifications/ training which could benefit the team in the long run (e.g. Athletic pathway P2 etc).

I see a couple of challenges for next year - 1) Introducing a second training session and with our large numbers - it could be difficult to get a slot (especially in winter months) to accommodate all. 2) Also ensuring we get the right balance in training may be challenging as the girls are progressing at different rates.

Finally and most importantly a huge thanks to all the 2015 girls' team mentors who volunteer their time to do brilliant work both on and off the pitch, without them the team wouldn't be possible.

2014 Ladies

2014 team had their second year of Go Games in 2023. Numbers increased to 56 players and there are 16 mentors (all with at least Foundation and some with Level 1 quals).

Team entered a 4-team all-county league and played around 22 football and camogie games. The girls held their own in most games across both codes. 3 home games were unfortunately lost to the weather in October 23.

Team events included a trip to Alive Outside as well as smaller events in the club.

The girls have really benefitted from moving to two nights training in 2023 which has improved football and camogie skills.

One challenge this year was the number of opposition teams turning up with far less than the 36 players needed for four games which unfortunately led to our girls on the side-lines or playing against each other during rotations.

The level of support from the parents was excellent and a big thanks is due to the group of parents, all of whom have contributed through putting up goalposts, collecting gear, washing jerseys, helping with team events etc.

The team would also like to thank sponsors for providing new hurls for each player earlier this year.

Finally, thanks a million to the brilliant group of mentors that worked so hard with the girls throughout the year.

2013 Ladies

Age Group / Under 10

Player & Mentor Numbers 53 Players. 14 mentors

High level Summary of Activities 2 Training Sessions per week

How many games played / Win/ Draws etc (if U13 up) 12 Blitz Type Football Matches Played since start of year

Any serious injuries to players none

Anything additional / notable to share (inc. guest coaches / team activities / ice-creams / team walks or events etc) n/a

2012 Ladies

The 2012 (U11) girls have 40 squad members 9 mentors, and 5 FLOs.

Once again, we have submitted three teams in both codes. Our primary achievement has been in retaining these numbers over an extended period. We have lost the occasional girl (some have returned, all are welcome back!) and have picked up a few as well. We have also experimented with streaming in some training sessions and games, and for the most part, it has worked out well and each girl has been challenged according to her level.

I see two key challenges us for us for next year, retaining or building on those numbers, and keeping girls engaged in both codes. With so many other activities available to children, we as coaches need to keep the girls engaged.

Our ambitions are aligned to those challenges. As a coaching group, we aim to ensure that girls are enjoying their time with us and are also growing according to their own level/potential.

We had numerous "extra-curricular events" this year, including a trip to Jumpzone, entering the Gormanstown indoor tournament, watching the Dublin ladies play Mayo in DCU with photos and impromptu TV appearance afterwards, pizza evening in the clubhouse, some proper hardcore training at "Hell and Back", a visit to O'Loughlin Gaels which included photo ops with Kilkenny greats Paddy Deegan and Brian Hogan, the Dromintee football tournament, and on numerous occasions, heading out to support other Raheny teams in their endeavours.

We're also extremely grateful to All Financials, Phoenix Tyres, and Morph Communcations, for their generous sponsorship of a new set of jerseys, and to Grace Latten for taking to the airwaves and winning a set of training tops for the girls.

2011 Ladies

Players/Mentors

The u12 girls have 3 teams in their final year of Go Games Football. They train for Football on a Tues or Thurs and have matches on Sat. We have been playing in grading games since the Summer with teams entered at Div 2, Div 6 and Div 10. We would anticipate that we will stay in Div 2 and Div 10 and possibly drop to Div 7 for our B team. This is all dependent on numbers and help from younger teams to top up our Div 10 team.

Skill level is good and has been aided by help and advice from Ava Peake who has been brilliant with the girls all year.

Over 20 of the u12s have been playing up regularly with the u14b and U13b teams this year. This has been hugely beneficial for the girls.

We have 43 girls on our panel with one or two of those not playing regular matches. We have 6 mentors in total down from 8 last season. Helen Connor, Kate Gallagher, Aidan Kearns, Kieran McDonnell, Steve Herron & Dave Greene.

Matches Against Country Teams

During the Summer we travelled to Naomh Eanna GAA Club in Wexford to take part in "Girls Take Over Naomh Eanna". This was a fun event that included camogie and football matches in a blitz style.

At the end of the Summer the girls played in the Dromintee blitz in Armagh, with a revised non-competitive format and gave a very good account of themselves against the northern teams.

Other Activities

Raheny Road Race in Jan

Beach training sessions with swims

Easter Challenge Session with treats and hot choc

Team building and treats on Portmarnock Beach with Metro Bootcamp (run by members of the defence forces)

Bus to Ladies Championship final to cheer on the girls.

Greg Bennetts Summer Camp

Issues /Concerns

A major challenge is that we have lost a few mentors, and now as we are coming out of Go Games and into competitive competition with the possibility of having 3 teams in both codes, we don't have enough mentors to go out with each team. Most of our mentors' children are on the A panel, so that leaves us with a deficit for the other 2 teams.

Winter training facilities are very small for our numbers (we train in Manor House Hall on Tues and the small astro on Thurs) so this results in limited amount of kicking. The upside is that a group of our parents take groups of the girls out long distance running on Tuesdays and sprints on Thursdays, which has been hugely beneficial.

The girls have had a great year and are looking forward to playing on bigger pitches in a proper league next season.

2010 Ladies

We have 4 mentors plus 2 FLO.

For the 2023 year we entered 2 teams at Div 7 & Div 14 leagues

We have 15 girls compete at Div 7 and approx 10 at Div 14 ably topped up by the 2011 & 2012 girls.

At Div 7 we started well with a draw against St Marys Sagart who went on to top the group. Injuries hammered the later campaign, and we finished mid table just outside the top3.

In the cup competition we have topped the group unbeaten and are waiting to play our semi final

Div 14 team won all but their last game in their league to top that table. They competed in Div 13 cup and topped their group unbeaten.

We went to Flynn Park in June on our Summer trip.

We had 2 girls & one mentor take part in the PDP Dublin Development Programme during the summers month

If we can continue with the aid of 2012 girls, we would hope to continue entering two teams in 2024 as we have 27 girls registered.

2009 Ladies

The U14's started the year with 23 panel members and finished with 21. We entered two league teams in Division 2 and 9. The Division 2 team finished 2nd last in their league and were beaten in a close game in the semi-final of the championship by Foxrock Cabinteely. The B team (made up of a mixture of u14 s and U 12's and 1 U11) finished 2nd in Division 9 and are currently waiting to play their shield final.

In June of this year the team travelled to Edinburgh to play Dunedin Gaels in a couple of matches. A great time was had by all and Dunedin were wonderful hosts. We would highly recommend this trip to any Raheny teams in the future.

This group will go into Feile year next year with high expectations.

2008 Ladies

No. Players

25

No. Mentors

5

Grade / Division of Team(s)

Div 4 league, Div 3 Championship

Achievements

2nd in League (div 4) and contesting shield final in championship (Div 3) Nov 11th)

Féile Semi-final.

Significant injuries

None (broken finger in warmup for match)

Team events

Féile this year was a great enjoyable time for the girls.

Challenges

Lack of female mentor, lack of focus in training

Next Year's ambitions

Stay together as a team.

Anything additional for mentioning.

2007 Ladies

We entered 2 teams. For the league, we were in division 3 and 9. For Championship, we were in division 2 and 9.

A Team:

Div 3 League: Played 6 matches, losing just 1.

Div 2 Championship: Lost all 4 matches.

B Team:

Div 9 League: Played 7, won 3.

Div 9 Championship: Played 3, won 1. At the time of typing, the team have beaten Cuala in a shield semi-final to progress to the final on Sun 12th Nov vs Maurs

Our squad has 33 football players.

We started in Jan with a decent preseason and training 3 times per week. Come the summer, we joined up with the U15 girls and continued sessions right the way through the break. We packed in as many friendly games as possible and in general, the season was a success in terms of player numbers, and enjoyment.

In June, we had about 2/3 of the team sat the JC and between that and the fact that we had several players playing up every weekend, we struggled to find a date for a team trip.

From Sept, many of our girls started volunteering at our Ógra. Our volunteers from last year (now 5th years) came back and the team are having a hugely positive impact on Ógra. We cannot overstate how grateful we are to all the girls. They're just an incredible crew.

Many have also completed refereeing courses and have started refereeing Go-games. We have a list of people we would like to say thank you to, from the mentors, players and parents.

We had various social events and travelled to support our senior teams as often as possible.

We would also like to thank Barry O'Donnell (pitches), Greg Brough/ Ann Hamill (accounts), Andrew Dowling and Eoin Gillen (club house) along with Chairperson Paul Fox, LGFA chair John Corbett and coaching officer Kevin Broderick. To help us comply with GAA regulations, this season we had additional support from some of our parents who became Female Liaison Officers for the team. A massive thank you to Mary (who put it all together), Trish, Kirsten, Tanya, Barbara, the 2 Olivia's and Eimear for all your help this season. It's really appreciated.

We have a great group of mentors, who are always striving to improve. I would like to thank them for their dedication to the team and to the club. I am delighted to report that the entire mentor group will be transitioning to minor, joining last year's minor mentor John Guerin and we very much look forward to the new season. We have a smashing group of young ladies who we hope to bring all the way through minor to adult.

In 2023, your 2007/U16 ladies' mentors were: John Corbett, David Field, Derek Moore, Gareth McKeever, Paul Boyle, Fintan O'Hanlon and Tom.

Minor

No. Players

We started the year with a panel of 46 football players: 25 of these were 2nd year minors (born in 2005), 20 were 1st year Minors (born 2006) and 1 girl was U16 (born in 2007).

Three players dropped at the beginning of the year due to loss of interest (1) and/or clashes with work/studies (2).

Two players dropped after the summer to concentrate on Camogie due to limited time available.

Two players joined from other clubs (one from N Barrog and one from Vincents)

The year finished with 41x players. We run an intention poll at the end of the season. Based on the initial results:

20x 2nd year Minors are considering playing Adult football in 2024.

15x 1st year Minors are considering playing Minor football in 2024.

6 players didn't respond to the poll.

No. Mentors

There were 6 mentors starting the year, 5 from the 2005 group and 1 from the 2006 group.

Going into 2024 we expect the 2006 mentor to be part of the Minor management team alongside some of the 2007 mentors coming up. This is yet to be decided (and approved by the club executive)

Grade / Division of Team(s)

We entered 2 teams for league, graded in division 3 and division 8.

We entered 2 teams for championship, graded in divisions 3 and division 9.

Achievements

The main objective this year for Minors was to keep as many girls playing and engaged in Gaelic Games (both Gaelic Football and Camogie) and the club as possible. We are hoping up to 20 will transfer to Adult Football assuming there is a proper structure in place to facilitate this. The club should be well positioned to enter 2 self-sustained Adult Ladies Football teams next year; 3 may also be possible but would require significant support from Minors.

With regards to results on official competitions, these were mixed.

The 1st team (division 3) was very competitive during league, finishing middle top of the table. During championship we struggled to find ourselves on the pitch and, while we were somewhat competitive, we ended up losing all our matches. This was disappointing as on paper we should have done better.

The 2nd team (division 8) finished bottom half of the table during league, leaving behind some good performances on the pitch. The team started strong but lost steam as we progressed through the championship.

Significant injuries

No serious injuries other than those to be expected from the game on any season. A few players were unavailable to us at times during the year due to injuries incurred playing other sports.

Team events

There have been no team outings this year, as players are too busy with their studies and work commitments.

We organized a couple of get togethers in the club in May (to mark the end of the League campaign) and November (to mark the end of season). Both where very well attended by the players.

There is a good bond within the group created over years, which we hope will keep the girls engaged and involved in the future.

Challenges

The main challenge this year has been commitment from players due to studies, work and other personal circumstances. Attendance to training has been underwhelming, with no opportunities to work on team structure/strategy as it is difficult to get all the players down.

This is partly endemic, as girls tend to take part time jobs at this age, with some of them also facing their leaving cert.

Looking at our own performance as management team it is fair to say that we were unsuccessful in maintaining the motivation and drive required to get this group of players perform and compete at the level they are capable of. It is important to reflect on ways to improve this in the future.

Next Year's ambitions

Maintain two competitive teams at Minor level for Ladies Football and transition as many girls as possible to adults.

Anything additional for mentoring

We are hoping to transition a significant number of players to Adults. A lot of these (as many as 15) are dual-code players.

Senior Ladies

Players

26 Players on the A panel

27 Players on the B panel

Mentors

A Team mentors: 4 (Emer Kiely; Jimmy Woods; Alan Fitzsimmons; John McCarthy)

B Team: This team currently have no mentor - Andrew Murphy resigned in July

Grade

A Team:

League Division 3

Cup Division 3

Junior A Championship

B Team:

League Division 9

Cup Division 9 Junior H Achievements: A Team: Played 26 matches, won 23, lost 2 and had one draw. Finished top of Division3. Won the League Final - Promoted to Division 2 Won the Division 3 Cup Reached the final of the Junior A Championship (2nd year in a row) B Team Played 18 matches won 5 drew 1 lost 12 (5 conceded) Injuries of note A team One player received a serious concussion. B team 1 broken thumb - out for most of the season 1 broken wrist - missed some of the season.

Challenges

1 ligament - out for the season

Getting access to facilities for training has been challenging. All ladies' teams should enjoy the same access to facilities as their male counterparts.

There is an urgent necessity to provide access to toilet facilities at the pitches. This is an issue that has caused serious stress to players. Nobody should expect to have to "use the bushes' prior to a match and this is a particular issue for female players. Also visiting teams traveling across the city under time pressure for an evening match need access to toilet facilities close to the pitch.

The B Team were left without a mentor for the end of the season. Championship was played during the summer so girls away which resulted in matches being conceded. Management Team for the B Team needs to be in place for next season.

Goals for next year

Consolidate our A team in League Division 2 through continuation of momentum of this year which saw players and management commit fully to training and development.

Win the Junior A Championship and proceed to represent Dublin in Leinster and further.

Have a management team for B team. B team to fulfil all their fixtures next year

RAHENY CAMOGIE ANNUAL REPORT 2023

OUR VISION

Raheny camogie is a welcoming, inclusive, vibrant, and integrated part of C.L.G. Rath Éanna, where all members and teams work together in a spirit of mutual co-operation and respect to promote excellence and enable players and teams to reach their full potential and be inspired to keep a lifelong engagement with the game of camogie.

TEAM REPORTS

2015 GIRLS

The 2015 girls have had a fantastic first year of Go Games. We currently have 51 girls on the panel (and growing) and 14 mentors.

The Team currently trains on Wednesday evenings, play matches on Sundays (football and camogie on alternate weekends) and also have the option to attend the extra camogie group session on Fridays. We are in a 4-team league and consistently have great attendance for both training and matches (both home and away). A special thanks to parents for their support with this.

It's been brilliant to watch the girls develop and improve their skills each week all while growing a love for both football and camogie. We have been really impressed with them playing against other teams - with several opposing teams commenting on how well they represent the club on and off the pitch.

Most importantly the girls are having fun, making friends, gelling as a team all while learning the different skills required to play the sport. As a mentor group, this is our biggest achievement to date - successfully managing and integrating 50+ girls, across 4-5 schools, into a team! We've had multiple team events including a summer disco with ice-cream van and medal ceremony, hot chocolates in the club, a Halloween party with pizza, movie and fancy dress etc. And we will have a Christmas party in December before we break for the summer.

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2014 GIRLS

2014 team had their second year of Go Games in 2023. Numbers increased to 56 players and there are 16 mentors (all with at least Foundation and some with Level 1 quals).

Team entered a 4-team all-county league and played around 22 football and camogie games. The girls held their own in most games across both codes. 3 home games were unfortunately lost to the weather in October 23.

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The girls have really benefitted from moving to two nights training in 2023 which has improved football and camogie skills.

One challenge this year was the number of opposition teams turning up with far less than the 36 players needed for four games which unfortunately led to our girls on the side-lines or playing against each other during rotations.

The level of support from the parents was excellent and a big thanks is due to the group of parents, all of whom have contributed through putting up goalposts, collecting gear, washing jerseys, helping with team events etc.

The team would also like to thank sponsors for providing new hurls for each player earlier this year.

Finally, thanks a million to the brilliant group of mentors that worked so hard with the girls throughout the year.

2013 GIRLS

53 Players. 14 mentors

2 Training Sessions per week

12 Blitz Type Camogie Matches since start of year.

2012 GIRLS

The 2012 (U11) girls have 40 squad members 9 mentors, and 5 FLOs.

Once again, we have submitted three teams in both codes. Our primary achievement has been in retaining these numbers over an extended period of time. We have lost the occasional girl (some have returned, all are welcome back!) and have picked up a few as well. We have also experimented with streaming in some training sessions and games, and for the most part, it has worked out well and each girl has been challenged according to her level.

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We're also extremely grateful to All Financials, Phoenix Tyres, and Morph Communications, for their generous sponsorship of a new set of jerseys, and also to Grace Latten for taking to the airwaves and winning a set of training tops for the girls.

2011 GIRLS

Players/Mentors

The u12 girls have 3 teams in their final year of Go Games Camogie. They train for Camogie on a Tues or Thurs and have matches on Sat. Their matches are fully streamed a,b and c.

Skill level is good and has been aided by help and advice from Kev Broderick, Collie Donegan, Fintan O'Hanlon and Eamonn Doherty.

We have 43 girls on our panel with one or two of those not playing regular matches. We have 6 mentors in total down from 8 last season. Helen Connor, Kate Gallagher, Aidan Kearns, Kieran McDonnell, Steve Herron & Dave Greene.

Matches Against Country Teams

The team had a great year in terms of Camogie outings and got to play against teams from all over the country.

In April they played in Caman to Leinster in Nowlan Park, Kilkenny where they competed very well against clubs from Kilkenny, Kildare, and Wexford.

During the Summer we travelled to Naomh Eanna GAA Club in Wexford to take part in "Girls Take Over Naomh Eanna". This was a fun event that included camogie and football matches in a blitz style.

Castletown GAA Club from Gorey travelled to Raheny to play us and the u14 girls on pitch 9 and 10 on all Ireland Camogie final day.

The most exciting Camogie event by far was playing in Croke Park in Caman to Croker at the end of the Summer where they played against Burren Rangers, Carrickshock Camogie Club and Portroe. Last Summer has really driven them on in terms of their confidence and ability in Camogie.

Other Activities

Raheny Road Race in Jan

Kev Broderick (Goalkeeper training)

Beach training sessions with swims

Easter Challenge Session with treats and hot choc

Team building and treats on Portmarnock Beach with Metro Bootcamp (run by members of the defence forces)

Bus to Abbotstown to cheer on the Inter Camogie team in their Champ Final

Greg Bennetts Summer Camp

Issues /Concerns

A major challenge is that we have lost a few mentors, and now as we are coming out of Go Games and into competitive competition with the possibility of having 3 teams in both codes, we don't have enough mentors to go out with each team. Most of our mentors' children are on the A panel, so that leaves us with a deficit for the other 2 teams.

Winter training facilities are very small for our numbers (we train in Manor House Hall on Tues and the small astro on Thurs) so this results in limited amount of striking. The upside is that a group of our parents take groups of the girls out long distance running on Tuesdays and sprints on Thursdays, which has been hugely beneficial.

The girls have had a great year and are looking forward to playing on bigger pitches in a proper league next season

2007 GIRLS

We entered 2 teams again this year.

A Team: Div 2 League: We won a third of our matches.

Div 3 Championship: Despite losing our first game, we went on to top our group and progressed to the championship semi-final where we were beaten by CBC.

<u>B Team:</u> Div 6 League: We had a 25% win rate in the league.

Div 6 Championship: We finished 2^{nd} in our group and were beaten by BSJ in the semi final. We have 28 camogie players.

We often needed assistance from the U15 camogie team and occasionally from the U14's in order to fill a second team for every camogie fixture. A massive thankyou to the 2008 and 2009 squads for their support.

We started in Jan with a decent preseason and training 3 times per week. Come the summer, we joined up with the U15 girls and continued sessions right the way through the break. We packed in as many friendly games as possible and in general, the season was a success in terms of player numbers, and enjoyment.

In June, we had about 2/3 of the team sat the JC and between that and the fact that we had several players playing up every weekend, we struggled to find a date for a team trip. From Sept, many of our girls started volunteering at our Ógra. Our volunteers from last year (now 5th years) came back and the team are having a hugely positive impact on Ógra. We cannot overstate how grateful we are to all the girls. They're just an incredible crew.

We had various social events and travelled to support our senior teams as often as possible. Many have also completed refereeing courses and have started refereeing Go-games. We have a list of people we would like to say thank you to, from the mentors, players, and parents. We would like to thank Barry O'Donnell (pitches), Greg Brough/ Ann Hamill (accounts), Andrew Dowling and Eoin Gillen (club house) along with Chairperson Paul Fox, Camogie chair Eamonn Doherty, Camogie secretary Edel Hayden and coaching officer Kevin Broderick. To help us comply with GAA regulations, this season we had additional support from some of our parents who became Female Liaison Officers for the team. A massive thank you to Mary (who put it all together), Trish, Kirsten, Tanya, Barbara, the 2 Olivia's and Eimear for all your help this season. It's really appreciated.

We have a great group of mentors, who are always striving to improve. I would like to thank them for their dedication to the team and to the club. I am delighted to report that the entire mentor group will be transitioning to minor and we very much look forward to the new season. We have a smashing group of young ladies who we hope to bring all the way through minor to adult.

Have a great Christmas folks!

In 2023, your 2007/U16 ladies' mentors were:

John Corbett, David Field, Derek Moore, Gareth McKeever, Paul Boyle, Fintan O'Hanlon and Tom.

Tom Reynolds

U21 CAMOGIE

Our u21 camogie team are currently in preparation for championship under the Guidance of Bronagh Fagan, Ciaran Barr, Caitriona Ni Dhonnochú, Michelle Markham and Orla Sheehan. Championship commences on the 19th November.

JUNIOR 1 CAMOGIE

At the outset of the board facilitated some re gradings that allowed us play some of last years intermediate players in the Junior division and despite some decent performances in the league including a miscalculation of scores that denied us a result in one game, we finished the league on two points .

Naomh Jude B	7	7	0	0	165	48	117	14
Crumlin A	7	4	0	3	103	88	15	8
Fingallians A	5	3	0	2	67	72	-5	6
Naomh Barrog A	6	2	0	4	63	104	-41	4
Raheny B	5	1	0	4	62	<mark>76</mark>	<mark>-14</mark>	2

Good Counsel B 0 0 4 -72 Our Championship had two games and a late goal away to Good Counsel faced us towards a semi-final versus Crumlin wherein we suffered a 3-21 to 1-04 away versus Crumlin. Ballinteer St Johns B Good Counsel A -19 BYE Group 2 Raheny B -11 It was a disappointing year as we only had 8 competitive games and we are hoping to drop a division in 2024 and play more competitive games.

Many thanks to Ciaran and Eamonn for their continuous dedication.

INTER	MEDIATE 1 CAMO	GIE												
Ballybo	den St Endas B				7	6	1	0	125		87	38	13	
Lucan S	Sarsfields B				7	6	0	1	143		50	93	12	
Naomh	Brid				6	4	1	1	80		61	19	9	
Whiteha	all Colmcille				7	3	2	2	98		73	25	8	
Raheny	<mark>/</mark>				<mark>6</mark>	2	1	3	<mark>68</mark>		<mark>81</mark>	-13	5	
Na Fian	na B				7	2	0	5	90		115	-25	4	
Naomh	Fionnbarra				6	1	1	4	85		144	-59	3	
Naomh	Padraig				7	0	0	7	72		150	-78	0	
intermed	among some other readiate in the league, It was the players												me for	•
St Vinc	ents B				3		3		0	0	50	28	22	6
Raheny	A					3		2	0	1	40	41	-1	4
Naomh	Olaf A					3		1	0	2	33	44	-11	2
Whiteha	all Colmcille A					3		0	0	3	33	43	-10	0
12:30	Naomh Brid A	1-8	VS	4-5	R	Raheny A Inter 1 S/Final								
16:00	Raheny A	2-7	VS	2-14	S	St Vincents B Champ Final.								

In our championship bid we lost our first game to St Vincents but rebounded to win three on the trot to qualify for the final versus St Vincents again.

Congratulations to the team who unfortunately fell at the ultimate hurdle, but hopefully we can progress further in 2024.

Congratulations also to Lauren Robinson who won an Ashbourne Cup with TUD and was named Dublin Intermediate player of the year.

Congratulations to Nicola Cotter and Caoimhe Tierney on playing for the Dublin Minor Teams and making an all Raheny full back line for our intermediate and to Nicola for winning the Dublin Minor player of the year.

Many thanks to all the players for their efforts and to the management team of Kevin Broderick, Padraic Tierney and Jerry McCormack for the efforts this year. Thanks to our supporters and sponsors for their continuous support.

CHAIRPERSONS REPORT

Raheny camogie would not exist without the efforts of our volunteers and the support of our club executive and broader membership. *Volunteers do not necessarily have the time; they just have the heart.*" *Elizabeth Andrew*

Camogie/Hurling are tremendously enjoyable sports to play but they are very practise intensive and even a few weeks away can see your skill levels depreciate considerably. It is important that we encourage youngsters to practise as often as they can against a wall or rebounder. The extra camogie session is an attempt to give that little extra bit to the young fledgling camogie players. Please encourage your players to play in their schools and colleges and attend coaching initiatives.

It will be a tremendous gesture to give a young girl the gift of camogie for the next 40 years.

The largest ever membership response to a sports survey in Ireland has given a clear vote of confidence to the path towards integration by the three Gaelic Games Associations with the initial findings showing that 9 out of 10 members "believe integration will be positive for Gaelic Games". This is good news for the development of camogie and we will mirror these enthusiasm with goals for 2024.

- The camogie committee in conjunction with the adult coaches and underage/ minor will be seeking a better way of integration from Juvenile onwards that will challenge and assist girls accordingly.
- To expand on the Friday night games and develop some internal technical coaching sessions for our coaches to give our players the skills to enjoy the game.
- To play more games across all our ages for girls to display the skills.
- Recruit more mentors.

In Conclusion

Thanks to our club officers and members of the executive, Our fundraising team, our Pitch development team including our 250 Fund team, to those responsible for our Gym and the Gym team for their hard work and all in the club that are working to progress the Raheny Family, to Edel Hayden our Secretary, Deirdre Coyne Farrelly our registrar, Íde Mulcahy our referee coordinator our selfless coaches including our Ogra volunteers Raheny GAA pitch crew, our Female Liaison Officers, Greg Brough, Anne Hamill, Andrew Dowling and Eoin Gillen, to

Barry O'Donnell our pitch co-ordinator and to our players who have chosen to make themselves available and play for Raheny Camogie.

Finally to our supporters, parents, grandparents, partners, husbands, wives and clubmates and friends of Raheny camogie.

It has been a privilege to volunteer alongside ye all.

Go raibh mile maith agaibh

Eamonn O'Dochartaigh

Raheny GAA All Stars AGM Report 2023

The 2022/2023 season has been the best yet for the Senior All Stars. We are now free from previous restrictions, gained an amazing new coach and had some really enjoyable outings.

Raheny All Stars are now in our 7th year and we would once again like to thank everyone involved; the players and their families, coaches and of course guidance and support from our Advisory Group and Club Executive & Management.

All Stars Team:

We currently have 9 young adults taking part in weekly training sessions on Thursday evenings. We also have a few spots available, if anyone knows any potential All Stars please contact allstars@rahenygaa.ie



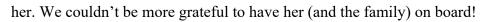


Coaches:

Our fantastic coaches continue to volunteer and assist us each week. We have been lucky enough to have some amazing coaches come on board with us over the last number of seasons however this season we have had limited numbers so I would like to personally thank Edel, Molly, Lily, Michael, Sean and Sarah for their commitment and hard work every week. This season a number

of our coaches attended the Sports Inclusion and Disability Awareness workshop run by Dublin GAA. This further shows their enthusiasm for the All Stars and commitment. The All Stars would be lost without our Coaching Coordinator Catherine Bedford-Leech who has for done amazing work coordinating a very busy coaching schedule for the last 7 years. Her experience as Coaching Coordinator and as a coach is immeasurable.

The All Stars have also welcomed a new lead coach Aislinn Walsh. Her knowledge and expertise are second to none and she has been the most amazing addition to our set up. The All Stars adore





We always welcome new volunteers, if anyone is interested in joining our coaching team let us know by contacting allstars@rahenygaa.ie.

Allianz Rewards Day:

Raheny All Stars were delighted to be invited to take part in the Allianz Rewards Pitch Day in Croke Park on Sunday the 22^{nd} of October by John Ryan and the team at Allianz.

We held a full training session, lead by coach Aislinn with help from some of the coaches from Prosper Fingal. After training the All Stars were delighted to have the opportunity to head up into the Davin suite for some refreshments and had the chance to get their photo taken with the Allianz Leage trophies and the Sam Maguire.







Sportsfest:

This year our All Stars took part in Dublin City Sportsfest. We were delighted to welcome some of the Senior Ladies down for a special training session. The All Stars put Anna, Bronagh and Clodagh through their paces and loved having them down.





Go Raibh Mile Maith Agaibh

Once again, we would like to say thank you to our amazing coaches for giving their time to our All Stars. Thank you to Catherine Bedford-Leech who year after year works tirelessly to ensure the All Stars have the best experience possible. Thank you to Aislinn Walsh for being our lead coach, the impact you have had since joining can't be put into words, you're amazing! Thank you to the club for their advice, goodwill and support. I would also like to thank Geraldine McTavish, GAA Inclusion & Diversity Officer and all at the GAA Healthy Club team. To Dublin GAA for their interest, ongoing well wishes and invaluable support. To all our sponsors, partners and donors who gave generously. Finally, I would like to thank our players and their families. We look forward to continued success, new opportunities and for a brighter future for all in the year ahead.

Aisling Heapes Raheny All Stars

Raheny GAA Junior and Middle All Stars AGM Report 2023

Raheny comes to life on Saturday mornings from 10am to 12pm with our back-to-back training sessions for our Junior and Middle Raheny GAA All-Stars Teams. These Teams consist of 14 All Stars, Abigail, Daisy, Daniel, Fionn, James, James, Jamie, Kingsley, Leo, Mark, Matthew, Max, Noah, and Sarah. The sessions are led by a three-woman team, Alison Dempsey, Dara O' Hanlon and myself, Karen Mooney.

Earlier in the year we focussed on session design and structure through the use of visuals to ensure access to activities for all players. The individualised visual session cards give players a sense of control over their session, offers consistency, manages the child's expectations, makes them feel safe while learning new skills and having lots of fun. None of these activities would be possible without the input from our amazing coaches and two Speech and Language Therapists.

Both Team's success relies heavily on the availability of coaches to support players throughout the session and without these amazing volunteers, the Jnr and Middle All-Stars would not exist. Our coaches display superhuman qualities which leave us in awe every week. Their sense of fun, dedication, willingness to learn and genuine love for the All-Star players is astounding, and we'd like to thank each one of them for giving the players a place to belong in the Raheny Community. They are Aisling, Ali, Andy, Catherine, Chris, Ciara, Edel, Eimear, Emma, Julia, Lily, Linda, Molly, Naoise, Róise, Ronan, Sarah, Seaghán, Shane and Sinéad, thank you all so much. With the addition of four new coaches in September, we were able to welcome four more children to the Teams, which was fantastic.

With the support of our two volunteer Speech and Language Therapists, Aisling and Ciara, we are fine tuning our communication skills for the players. They have taught us so much and continue to give their time and guidance to both our coaches and players. We would like to thank them very much.

Lots of exciting events took place this year for our Teams. Maria Curtis invited the All-Star players and coaches to take part in a Super Valu advert, catapulting our Stars onto the silver screen (we appeared in cinemas!!). Daisy, Max, Edel, Emma and myself went to Ardmore Studios in Bray to record our clip for the advert and had lots of fun representing our players and coaches from both Teams. We would like to thank Maria and everyone in Ardmore Studios and Super Valu for taking such good care of us on the day and for giving us such a wonderful

opportunity. I would also like to thank Deirdre McAweeney and Eoin Gillen for helping us with some last-minute jerseys and bottoms for the day.



At our last session before the Summer, the All-Stars had lots of fun posing with their teammates after receiving their 2022/23 season completion certificates. Alison approached the Raheny camera club to ask if any photographers would be available to take photographs of the children and coaches. Both Cormac Lenehan and Ger Moreau volunteered to come to both sessions and were amazing with our All Stars. We are so grateful for their time, the fantastic photos they produced and their continued support.



Following the success of Maria Curtis' Raheny GAA Cúl Star Camp in 2021, we decided to run another camp for the All-Stars players this year too. This all-round inclusive camp invited our All-Star players from the junior and middle teams to participate in a three-day camp (9, 10, & 11th August) allowing the children to take part in activities and have lots of fun with their peers in their community. A fantastic initiative, this gives the children a sense of belonging whilst having lots of fun. This year's camp highlighted some amazing talents the participants have, and we are very fortunate to have some wonderful artists, musicians, basketballers, yoga masters, the list could go on.

We would like to take this opportunity to thank some very important people whose support and commitment helped this year's camp be a super success. Firstly, to Maria Curtis for her support, her knowledge, guidance and food deliveries throughout the camp. To Paul Fox for his hard work, his time and effort in making this Camp possible, thank you. To Super Valu in Raheny for providing snacks for our players and coaches every day. To Dublin GAA for organising the vibrant, colourful Cúl Star Camp gear, ensuring our players looked ready for action. To Cormac Lenehan, our super photographer, who is always available and so professional with our All Stars, and to both Aoife and Róise Ní Laoire (an All Star coach too!) for playing beautiful music at our medal awarding ceremony, the children loved having a turn of the instruments. To our fantastic Dublin Camogie Players, Caoimhe Tierney (All Star Coach) Lauren Robinson (All Star Coach) and Nicola Cotter who took the time to come down to our camp and were a wonderful surprise for the children. To our amazing Cúl Star Camp coaches, Aislinn, Alison, Dara, Edel, Molly, Róise & Sarah whose commitment and sense of fun made the camp possible and a resounding success.



On the 1st October, our All Stars took part in DCC's Sportsfest. We had a super day of fun activities, and the rain didn't dampen our spirits. We had some special guests who braved the weather and trained with our players for the event. A huge thank you to our own Caoimhe Mc Carthy, Rosie Maguire, Claire Fitzgerald and Laura Hetherton for being great sports and for making our players feel so special.





Finally, I would like to take this opportunity to thank Aisling, Aislinn, Catherine and Maria for all of the advice and support we receive from the Senior and Adult All Star Teams, the experience and knowledge shared with us is invaluable, so thank you. We would also like to thank the Club Executive and Management for their support and guidance with our Teams. To my own teammates, Alison and Dara, for always striving for excellence with our players, for caring so much and for making Saturday mornings so special and so much fun for everyone. To our coaches, again, you are amazing, we don't exist without you all, thank you so much. And last, but by no means least, to the best players in Raheny, you truly are All Stars, you amaze us every Saturday and we can't wait to see what the year ahead brings for you all. Saturday mornings are truly a place where we all belong.

Karen Mooney

Junior and Middle Raheny GAA All Stars Teams

Raheny All Stars Adult Team + Partnership Programme

Raheny GAA AGM Report 2023

Raheny All Stars continues to respond to the needs of our community to include adults with additional needs in our weekly sessions. Having established this new team in 2022, we are very proud of this partnership programme with Prosper Fingal. Prosper Fingal is a service providing supports for adults with intellectual disabilities. This is a participant focused inclusive initiative, whereby we continually challenge ourselves, looking at ways we can empower our players/coaches to reach their full potential.

The Raheny All Stars programme continues to have an excellent reputation, both locally and nationally, demonstrated by the growing number of teams, with 31 teams in Dublin and a growing number across the country who continue to seek our advice in establishing similar programmes in their clubs. We have built a solid foundation which is a credit to the dedication of our players, coaches and families, over the last 7 years.

The Raheny All Stars Adults + Partnership programme:

The adult team initiative is a specifically designed sports & social sessions for players aged 18yrs + which includes adult coaches with additional needs. One of our goals this year was to progress our inclusive GAA For All sporting experience further. We are delighted with the results to date, having achieved our goal to run a dedicated programme based on the needs of our players. This has been achieved by providing coaching/training positions for adults with disabilities each week. We have had several adults with disabilities invited to sample our sessions and are now supporting 8 adults with disabilities each week. The team practices weekly over a one-hour activity session, in a positive, fun, supporting environment with an emphasis on empowering players and coaches alike.

Partnership Programme Achievements:

We have several external partners who add to the success of the Raheny All Stars. Our partnership link which we established with Prosper Fingal, Donnycarney (PFD), has been a great success in delivering this programme. Raheny All Stars adult team is guided by our head coach, mentors, including 3 assistant coaches from Prosper Fingal. We value training and development and

proactively look at ways to provide opportunities within the team. Some examples of training/development we achieved this year include:

Gaelic Games Foundation Coaching Course: We saw 11 adults from Prosper Fingal with intellectual disabilities achieve their Introduction Course to Gaelic Games qualification. They proudly received their certification this year at a wonderful presentation by Dublin GAA in Parnell Park.

Team Structure Organisation: Providing key roles & responsibilities for persons with disabilities.

Prosper Fingal Coach Training: Dublin GAA Learning & Games Development Coordinator Owen Mooney delivered a Gaelic Games Foundation Coaching Course in Parnell Park for our participants from Prosper Fingal. We are most grateful to Owen for taking the time to deliver this nationally recognised coaching award. With eleven participants from PFD undertaking the coaching qualification providing them with new life skills they can hopefully bring to their own clubs and communities. We are delighted to have recruited three of the newly qualified coaches as our new assistant coaches and we are very grateful for all their enthusiasm and work to attain their qualification. In addition to their coaching qualification, coaches received appropriate professional support from their Social Workers to complete their Garda Vetting. In addition, an adapted Safeguarding course for PFD participants was delivered by Prosper Fingal Senior Social Worker Lisa Flanagan & team, supported by the Dublin GAA, supervised by Niall Cooper. We look forward to providing continued support to the coaches on their coaching journey.

Other achievements & events:

- Coaching Training in Disability Inclusion/Autism in Sport,
- Lámh 'Little Sport' training,
- Parents in Sport Workshop,
- DCU Empowering Communities,
- GAA Leading Provincial Ladies graduation,
- Allianz Croke Park All Star Day,
- SportsFest in partnership with Dublin City Sports & Wellbeing,
- Team outing to support Dublin GAA in Croke Park,
- SuperValu National Advertising Campaign,

- New accessible Raheny All Stars Logo & Sign,
- GAA For All County Representative for Dublin Appointed by Dublin GAA County Board to Maria Curtis

The Team:

Our ongoing objective is to increase participation among adults with disabilities to our team. Our Head-Coach is Frankie Carolan, an experienced qualified coach. We have an outstanding group of mentors; Frankie Carolan, Sean Whelan, Éabha Byrne, Sean Ó Cinnéide & Molly Fields alongside our assistant coaches James, Adam & David on hand to help manage and organise other team related activities. Our players our enjoying their time with us as the sessions are tailor made to meet their needs. Some of our players have sensory needs so we aim to have weekly sessions that are not overwhelming for them. We want our players & coaches to feel valued, we want them to be challenged, and we want them to find a sense of belonging with the support of their mentors who will guide them through their journey with us.

Raheny All Stars Logo/Signage & Sponsorship

This year we saw the creation of a new sign for the Raheny All Stars along with an updated inclusive logo, which is a more accessible read for our participants. Our new logo and sign created a great buzz, excitement, interest, and inclusion among our teams. We reached out to all four teams; players, coaches, and families to seek their input in choosing the preferred version of the artwork designed by Marius Herbert, which had wonderful results. We would dearly like to extend a huge thank you to Marius for his time he volunteered to us, for his creative expertise, support & advice.

We also had the opportunity to take part in the SuperValu National Advertising Campaign. This involved a day of filming in Ardmore Studios – whereby representatives from all four All Star teams took part in this exciting day to remember for a long time to come. The Raheny All Stars

were an integral part of the campaign to promote inclusion in the GAA community. We had an amazing time with SuperValu, it was great to see our players, families and coaches involved in this unique, once in a lifetime chance. SuperValu also provided further sponsorship and an opportunity to take part in a pitch activity before the All-Ireland semi-final.

We also secured sponsorship, for our new team gilets from Raheny Barbers, huge thanks to Sean Whelan for organising this. Players & coaches are delighted with the new gear.

Acknowledgements:

I would like to extend sincere thanks to Frankie Carolan, Sean O Cinnéide, Éabha Byrne, Sean Whelan, Molly Fields. Thank you to the club executive, with a special note of thanks to Paul Fox, Tony Lee, Deirdre McAweeney, Greg Brough, Anne Hamill, Andrew Dowling, Eoin Gillen, Jen McQuaid. A special mention and huge thanks to Cian Burgess and the PRO team. To everyone involved with Raheny All Star teams & all club members for their support. I would also like to thank Geraldine McTavish, Colin Regan and the National GAA For All Committee members, GAA Education Dept. To our sponsors, SuperValu & Raheny Barbers. To Jerry Grogan for his continued interest and support. To Dublin GAA for their continued valued support. To Owen Mooney, Ger O'Connor, Dublin GAA Coaching & Learning. To John Sweeney (DCC), to the LGFA & GAA. To Larry McCarthy (Uachtarán Chumann Lúthcleas Gael), Ken Fitzgerald, Niall Cooper. Thanks also to Rachel McGrath (Principal) & Rebecca (Assistant-Principal), St Michaels House Raheny Special School. I would like to thank the Social Work Team in Prosper, especially Laura Creaner and thanks also Lisa Flanagan and all at Prosper Fingal and of course our outstanding coaches from Prosper, James, Adam & David. Finally, to our amazing players & families. Our Raheny All Stars adult team are looking forward to meeting new people, exploring new opportunities and sharing their stories in the months and years ahead.

Is mise le meas,

Maria Curtis Uí Chinnéide

Lead Coordinator

Raheny All Stars Adults + Partnership Programme

Gaelic4Mothers&Others

The Gaelic4Mothers&Others initiative sees women playing Ladies Gaelic Football in a fun, non-competitive and social environment. Gaelic4Mothers&Others provides an opportunity for women to get their recommended weekly exercise in a fun way while meeting other mothers in the area

The Gaelic for mothers and others has been running for a numbers of years in the club. We currently have approx 40 registered players with 6 new players to be registered. Running the story in the club notes over the last couple of months has had a great impact and we are getting lots of new players.

Training is on Sunday evening at 7pm on the club astro. We would have approximately 16 players at each session. The team have recently ordered a set of training gear which we funded ourselves. We are wearing jerseys that are approximately 18 years old so we are currently looking for sponsorship to get a new set of gear.

During 2023 we've played in a couple of matches, blitzes, charity's events and the north Leinster blitz. We recently had St Pats of Donabate over to pitch 5 astro and hosted our first ever match. Thanks to everyone on the team for helping out. It was great to see so many families and friends on pitch 5 astro supporting the mothers & others. I personally love that our children are seeing their mothers training and competing.

Unfortunately, we've had no coach again in 2023 and the coordinator is still fulfilling the role of coach. Hopefully we can get one in place for the 2024 season and we can continue running this important programme.

Compiled by Aislinn Walsh



Healthy Club AGM update 2023

The health and wellbeing committee was re-established in October of this year after several years of inactivity. A committee was appointed which included Annette Murray, Catherine Flynn, Claire Culleton, Karen Saunders, Maria Curtis, Sean Mackey and Brian Doolin (Healthy Club officer).

The committees first task was to submit a report to the National Healthy Club committee to reestablish Raheny as a healthy club. A report was compiled, showing all the activities, initiatives and programmes ongoing in Raheny GAA that fit under the healthy club banner. We were delighted to be awarded the foundation level Healthy Club award, and invited to a award presentation in Portlaoise. The Healthy Club accreditation system works in 18-month cycles and so we now have until 2025 to build towards a silver or gold status.

We are currently now in the process of completing more through mapping of club resources, partners and ongoing initiates and reaching out to our club members to see how the health and wellbeing committee could best serve them. We are currently planning on launching several initiatives in the new year. The committee is still very much in its infancy but we are excited and optimistic about its future.

Compiled by Brian Doolin